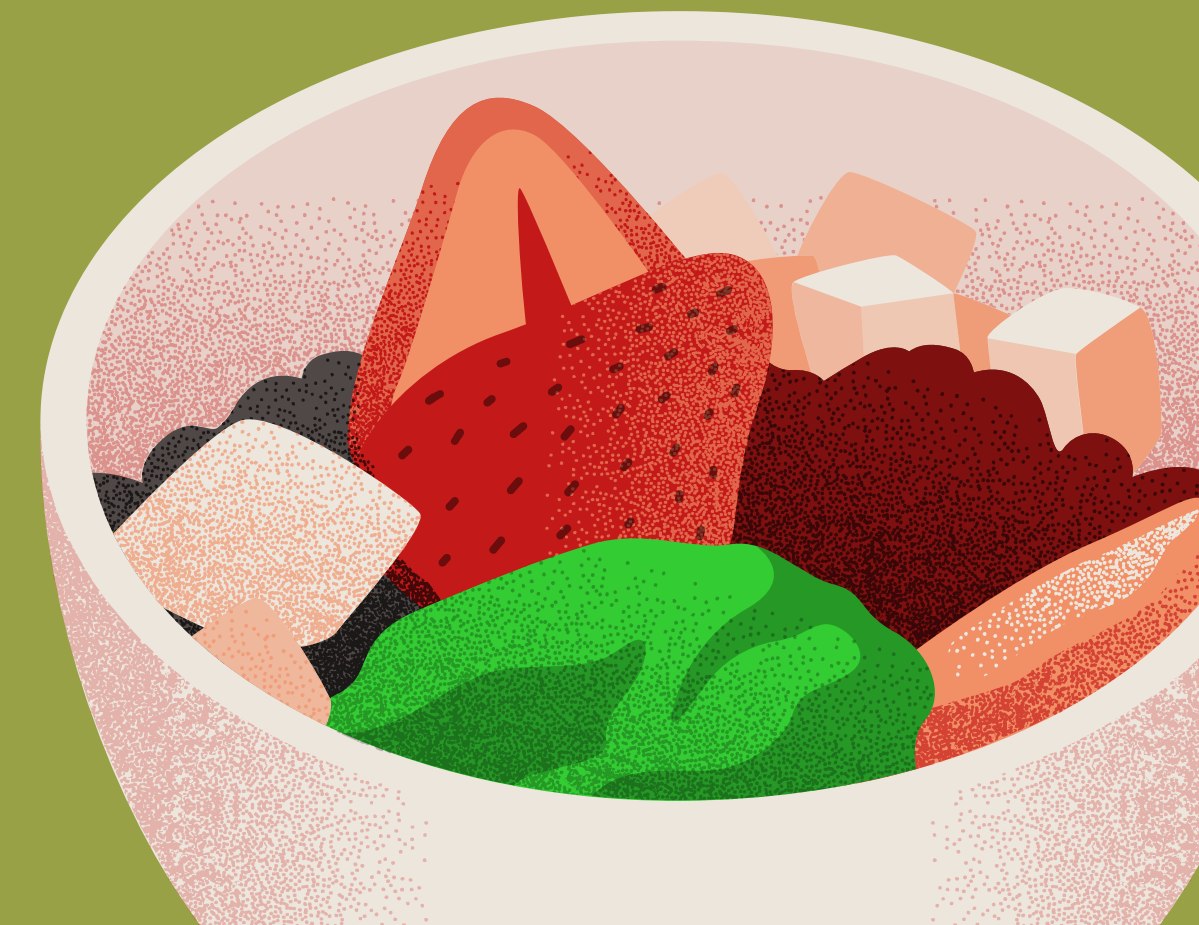
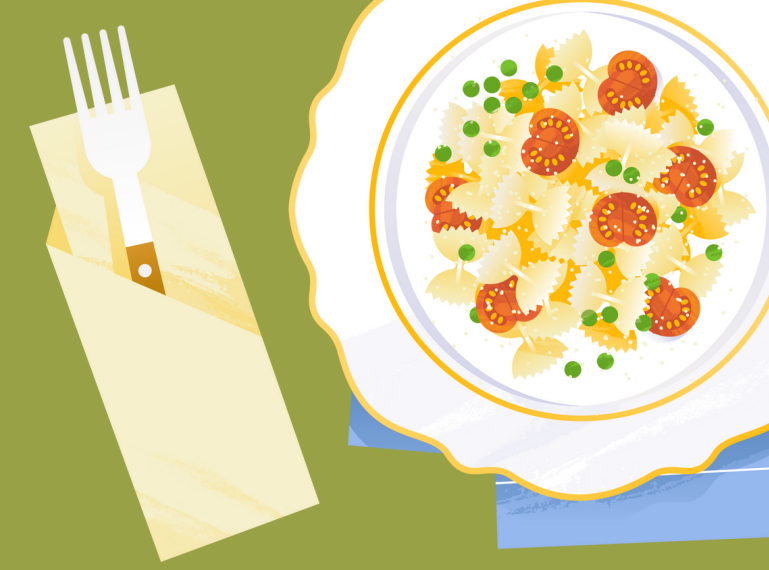
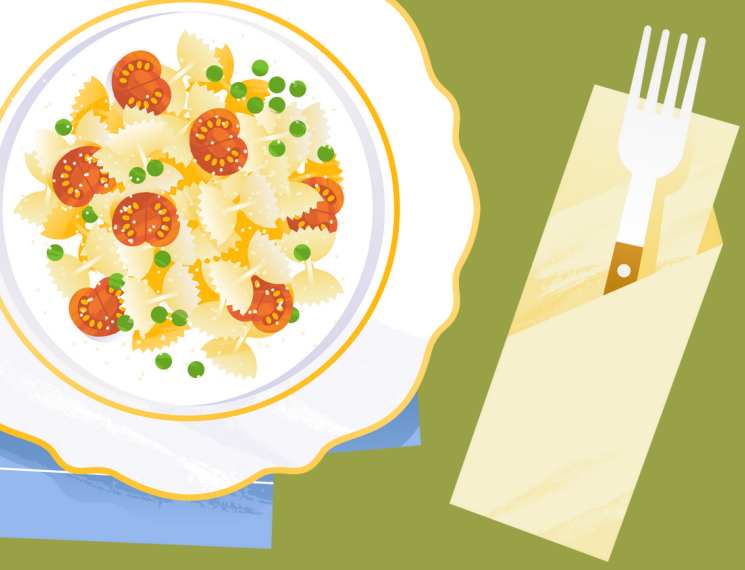


Introduction



health.ravulacharan.com it is a website it is used to Learning about Nutrition, Fitness, Human Body and Skin





Features

1. **Interactive Lessons:**
2. **Video lectures, interactive animations, and slideshows to engage learners.**
3. **Written content that is easy to understand, with clear explanations and examples.**
4. **Exercise Programs:**
5. **Customized workout plans for different fitness levels and goals.**
6. **Video demonstrations of exercises and routines.**





Thank You

For more information, please check out our website at



www.health.ravulacharan.com

